

BENSON PARKS & RECREATION DEPARTMENT

COACHES APPLICATION

NAME: _____ GENDER: M F

ADDRESS: _____

CITY: _____ STATE: _____ ZIP CODE: _____

PHONE: (HOME) _____ (CELL) _____ (WORK) _____

What is your current marital status? Married _____ Single _____

How many children do you have? Sons _____ Daughters _____

Circle the highest year you completed in school:

High School 1 2 3 4

College 1 2 3 4 5 6 7 8

What is your occupation? (Please be specific)

Which sport/sports are you interested in coaching?

What age group?

Note: The sport you have written above will be referred to as this same sport in the remainder of this questionnaire.

COACHING BACKGROUND

1) Have you ever played this sport? Yes _____ No _____ # of years _____

2) What other sports have you played?

Sport	Age Level	Years Played
_____	_____	_____
_____	_____	_____
_____	_____	_____

3) Have you coached this sport before? Yes _____ No _____ # of years _____

Where? _____

4) What other sports have you coached?

Sport	Sponsoring Agency	Age Level	Years Coached
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

5) Have you had any formal training as a coach? Yes _____ No _____
If yes, please describe (for example, PE degree, Coaches Courses, Clinics, etc.)

6) Describe any informal training which would help you coach (for example, reading books, watching sports, etc.)

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7) Please rate your knowledge of the following topics with regard to this sport by circling the appropriate number.

- 1 = KNOW VERY LITTLE
- 2 = REASONABLY GOOD KNOWLEDGE
- 3 = GREAT DEAL OF KNOWLEDGE

BASIC TECHNIQUE	1	2	3
ADVANCED TECHNIQUE	1	2	3
RULES OF THE SPORT	1	2	3
STRATEGY OF THE SPORT	1	2	3
ORGANIZING A CONTEST	1	2	3
EQUIPMENT NEEDS AND SPECIFICATIONS	1	2	3
INJURY PREVENTION AND TREATMENT	1	2	3
ATHLETIC NUTRITION	1	2	3
ORGANIZING A PRACTICE	1	2	3
DEVELOPING SPORTSMANSHIP	1	2	3
MOTIVATING YOUNGSTERS	1	2	3
INJURY PREVENTION AND TREATMENT	1	2	3
COMMUNICATION SKILLS	1	2	3
WARM-UP AND PHYSICAL CONDITIONING	1	2	3
WORKING WITH PARENTS	1	2	3
GENERAL PRINCIPLES FOR TEACHING SPORTS SKILLS	1	2	3

8) Please list the name, address, and telephone number of two persons who you know well enough to comment on your past coaching or your potential as a coach.

NAME	ADDRESS	PHONE
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9) Please explain your reason(s) for wanting to coach in our program and the benefits you would bring to this program.

APPLICANT'S SIGNATURE _____ DATE _____

Benson Parks and Recreation Coaches' Code of Conduct

The intent of this policy is to ensure to the best of our ability that a safe wholesome, and encouraging environment be provided for all of those involved in the activity, whether they be a coach, player, spectator or official.

- I will place the emotional and physical well-being of my players ahead of a personal desire to win.
- I will treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- I will do my best to provide a safe playing situation for my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead by example in demonstrating fair play and sportsmanship to all my players.
- I will provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sporting events.
- I will be knowledgeable in the rules of each sport that I coach, and I will teach these rules to my players.
- I will use those coaching techniques appropriate for each of the sports that I teach.
- I will remember that I am a youth sports coach, and that the game is for children and not adults.
- I will show the utmost respect to the opposing teams and the officials at all times. Before, during and after the game.
- I will refrain from any use of foul language before, during and after the game.
- I will have good communication with parents, informing them of all pertinent information. I will also keep BPRD informed of player attendance, any incorrect roster information and any player concerns.

By signing here, I affirm that I have read, understand and agree to abide by this Coaches Code of Conduct. I also understand that if I do not follow these guidelines, I may be suspended from league play for as little as one game and for as much as the remainder of the season.

Coaches Name: _____
(please print)

Coaches Signature: _____

Date: _____